

Lady Jackets Soccer 2018-19



Introductions

- Coaches:
 - Coach Page Varsity Head Coach /JV Assistant
 - Coach Thayer JV Head Coach/ Varsity Assistant
 - Coach Isaac JV/Varsity Assistant
 - Team Parent: Kelly Mellen (Mrs. Mellen is helping me during this transition, please thank her for her efforts...she is not here to receive complaints!)

Booster Club:

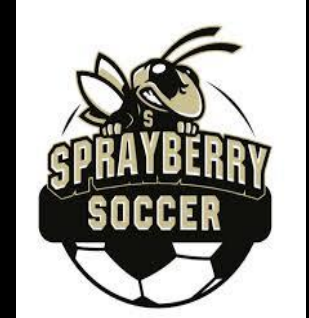
President: Troy White

Treasurer: Tash White

Vice President: Deb Lindsey

Secretary: Andrea Litzenberger

Welcome to 53 Athletes!!!!



- Best turnout we've had in at least the past 10 years.
- That's the good news...the bad news...there will be growing pains.
 - Uniforms...we are working to correct some of the situations, however, decisions with uniforms needed to be made a long time ago. I am working on it.
 - Practice space is limited. I may have a few evening varsity pre-season practices. Time would likely be 6-730.
 - Playing time: practice time is most important. For those athletes on JV they will get playing time at their level almost every practice. Please be patient with the playing time on the field.
 - Communication: we are switching to TeamSnap for all communication. There is bound to be a hiccup here and there please be patient as we work this out.
 - We get no funding from the school for the program. The majority of funds come from dues and fundraising, therefore dues were increased to provide more up-to-date equipment.

Vision for the season:



- Trying to raise the level of play
- Need to play faster and take advantage of our strengths
- We have the deepest varsity team we've had in a long time
- Every player needs to work hard in practice, no matter your role in games. "Game speed" in practice is the only way we will be as prepared as possible for games. We will not be patient with lack of effort.
- Mental Strength: To compete with our region we have to be able to handle adverse situations, that is the purpose of our tough nonregion schedule.

What is our goal?

- To create an environment where athletes from different backgrounds can get quality coaching, build lifelong relationships, and have a community of faculty, staff, and parents that support their efforts on the field and in the classroom.
- Win games and have fun doing it!



Core Values



- Team comes first. There is no place for selfishness, egotism, or envy.
- We have complete control over our physical preparation and take responsibility for it.
- We choose to be positive.
- There are no unimportant details. We do things a certain way for a reason. “Little things make big things happen.”
- We mean no offense and take no offense with each other.
- Team Spirit: An eagerness to sacrifice personal interests or glory for the welfare of all.

Core Values Continued

- Success: Giving your best at all times, no matter the circumstances.
- We work hard, always. We play and practice to a standard.
- Do the right thing, for the right reason, all the time.
- We are responsible for *managing* our academics and soccer*****
- We are a team of graciousness. We are respectful and classy, even in adversity. We are thankful to play a game we love. We are thankful that we are supported by teammates, coaches, friends, and family.

Schedule is posted:

- Please check for conflicts:
- We will have 3 practices over the Feb Break and we have a home game on 2/23 (probably M, W, F)
- Gatlinburg Smoky Mountain Cup (Varsity): 3/28-3/31 Beginning of Spring Break. We have 3 games against teams from Oklahoma.
- Cost will be between \$200-\$300. This will include meals, transportation, and lodging.
- If you cannot attend let me know ASAP and we will extend an invitation to a deserving JV player.
- 1st Round of Playoffs: Begins at the end of April

Odds and ends

- Practices start at 4:00 PM, end at 5:30 or 6:00.
- Ball bags: we aren't doing that any more. There will be game day snacks in my room. Players can check-in and get a snack. I will accept donations.
- Warm-up will begin 1 hour before game time.
- Students do not leave campus before any games. We will have snacks and post-game meals (we are still ironing this out)
- Players are expected to support the other team. Varsity should watch JV games and JV players should attend varsity games.
- Please try to pick-up your child as close to the end of practice as possible.
- Need volunteers!!!! Please work concessions one or two boys games. Time for the girls program to step up.